

*Welcomes the 2012 Benguela West Coast Marathon*



## *Pasta Menu*

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### **Preekstoel Delight**

Chicken, spinach, leeks, garlic, Peppadew and mushrooms in cream.

R55

### **Benguela Challenge**

Fried bacon, ham, mushroom with a dash of sherry and cream.

R50

### **Kraalbaai Waters**

Mixed seafood combo of mussels, shrimps, fish crab sticks, calamari and garlic in a tomato cream sauce.

R60

### **Strandloper Sensation**

Tuna and onion pasta with mozzarella and parmesan cheese.

R50

### **Geelbek Supreme**

Mixed vegetables, onion mix, mozzarella and parmesan cheese.

R45

( Variety of home made breads and salads available )

*The Farmhouse Hotel staff would like to wish you all a very enjoyable race!  
Thank you and good luck!*